

# Rendezvous Club

## February

### Programs and Events

#### Valentines Party

February 11th - 14th

Trivia, Music, and Treats!

#### Exercises

Chair Yoga

Breathing and Meditation

Chair Exercises

Chair Zumba

#### Music with John

Wednesday, February 19th

1pm - 2pm

#### Table Games and Mental Aerobics

Name that Tune

Through the Decades

iPad Programs

Whist

Group Crosswords

Qwirkle

Tile Rummy

Wheel of Fortune

Cribbage

And much more!

#### Steel Drum Performance

Wednesday, February 5th

1pm - 2pm

Warm up while we enjoy  
some Caribbean food and  
live music!

#### Wildlife Haven

Thursday, February 20th

1pm - 2pm

Wildlife Haven will be  
bringing 3 Ambassadors  
animals to meet and learn  
about!