

Rendezvous Club

October

Programs and Events

Thanksgiving Celebration



October 15th - 18th

Exercises

Chair Yoga

Breathing and Meditation

Chair Exercises

Chair Zumba

Walking Group

Table Games and Mental Aerobics

Qwirkle

Whist

Word in a Word

Name that Tune

Cribbage

Bingo

Through the Decades

iPad Programs

Group Crosswords

Tile Rummy

Wheel of Fortune

And much more!