# Rendezvous Club April Programs and Events

### Table Games and Mental Aerobics

Name that Tune
Through the Decades
iPad Programs
Whist
Group Crosswords
Qwirkle
Tile Rummy
Wheel of Fortune
Cribbage
And much more!

#### **Exercises**

Chair Yoga

**Breathing and Meditation** 

**Chair Exercises** 

Walking Group

## Spring Celebration

April 22nd - 25th

Join us for some Trivia,

Music, and Treats!

#### **Craft Program**



Over the last few months, many of our participants have enjoyed working on diamond paintings, bookmarks and coasters.

Let us know if you'd like to give it a try!