

## Who are the staff?

A coordinator and two attendants are available to assist you to participate in the program. They have experience in providing social and recreational programs and are familiar with the needs of the older adult. Cheerful, friendly volunteers also assist in Club activities.

## Who stays in touch with my Continuing Care Coordinator?

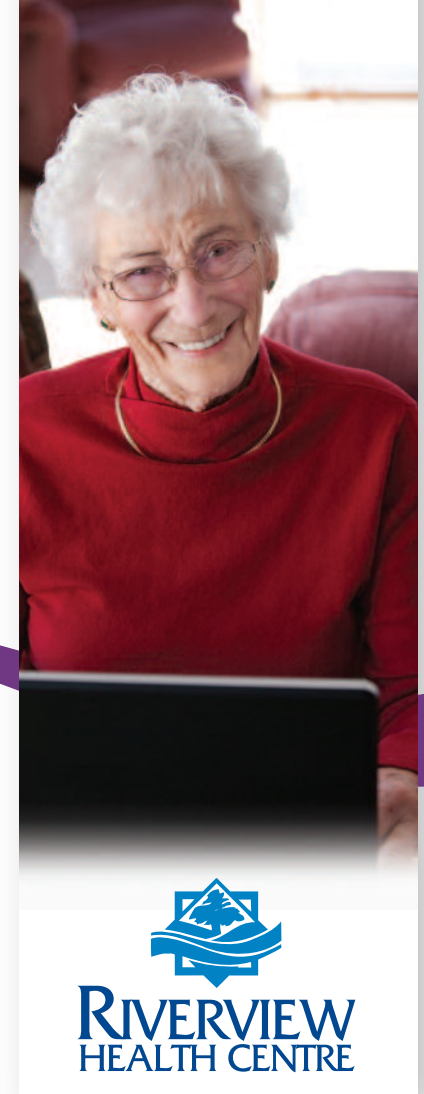
The Rendezvous Club coordinator will be in touch with your Continuing Care coordinator when you are accepted or discharged from the program or if you have any needs or concerns that arise while you are attending the program.

**For more information contact:**

**Coordinator Rendezvous Club**  
**Ph: (204) 478 6153**  
**Fx: (204) 478 6154**

**Riverview Health Centre**  
**One Morley Avenue**  
**Winnipeg, Manitoba**  
**R3L 2P4**

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**The  
Rendezvous  
Club**

# The Rendezvous Club

**T**he Rendezvous Club is a community-based program that provides recreational activity programs, socialization and caregiver relief in a group setting. The Rendezvous Club offers space for 13 adults each day. Four spaces are offered for adults on oxygen therapy. Oxygen is provided for adults while they are at the Club. A typical day starts at 10 a.m. and ends at 3 p.m., not including transportation time.

## What should I bring?

You should bring the things you would normally need in your day, such as your medications, walking aids or toileting products. If you are on oxygen, bring your oxygen cart/holder. Oxygen will be provided during participation in Club activities. However, clients should plan to use their own oxygen during transportation to and from Riverview Health Centre.

## About the Rendezvous Club...

### Who is it for?

The Club is for adults living in the Riverview Health Centre area who would benefit from programs and services. Clients on oxygen are from all areas of Winnipeg.

### Where is it located?

The Club is located at Riverview Health Centre, Princess Elizabeth building, room 102.

### How do I get there?

The Club's coordinator will make transportation arrangements for you when you are contacted to discuss joining the Club.

## What programs are offered?

### Programs

A variety of social, leisure and physical programs are scheduled, with a rest break included. Rendezvous Club members enjoy meeting new people and participating in a variety of recreation programs. Programs include exercises, active and table games, crafts and outings. Internet access, the daily newspaper, Nintendo, Wii and current magazines are also available to Club members. Club activities are only limited by imagination and desire. The coordinator is available on your first day to discuss the activities you enjoy doing. Other services, such as a hairdresser, are also available if you are interested.

### Meals/Snacks

One hot meal and a nutritious snack are provided each day.

## What does the program cost?

A daily charge for the program is set by Manitoba Health. This will be collected by the Riverview Health Centre business office. You will be billed monthly. Any questions you have may be directed to the Club coordinator.

## How do I register?

For more information on registering for the Rendezvous Club, call the coordinator at 478-6153 or contact your Continuing Care coordinator.

