

Rendezvous Club

October

Programs and Events

Thanksgiving Celebration



October 10th - 13th

Exercises

Chair Yoga

Breathing and Meditation

Chair Exercises

Chair Zumba

Table Games and Mental Aerobics

Qwirkle

Whist

Word in a Word

Name that Tune

Through the Decades

iPad Programs

Group Crosswords

Tile Rummy

Wheel of Fortune

And much more!