

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p>1</p>		<p>2</p> <p>2:00 Church</p> <p>6:15 Bingo</p>	<p>3</p> <p>10:00 Mass 10:45 Exercise &amp; 1:1 visits with Candice</p> <p>Candice off unit</p>	<p>4</p> <p>9:00 Physio with Lesia</p> <p><b>10:00 Outing to the Casino</b></p>	<p>5</p> <p>10:30 Soul Care Followed by strolls with Candice</p> <p>2:00 Outside Time (weather permits)</p>	<p>6</p> <p>7</p> <p>Simchat Torah Begins</p>
<p>8</p>	 <p>Columbus Day (US) Indigenous Peoples' Day Thanksgiving Day (Canada)</p>	<p>9</p> <p>2:00 Church</p> <p>6:15 Comedy and Pie Night</p>	<p>10</p> <p>10:00 Mass 10:45 Exercise &amp; 1:1 visits with Candice</p> <p>2:00 Courtyard time (weather permits)</p>	<p>11</p> <p>9:00 Physio with Lesia</p> <p>10:00 Walking Club</p> <p><b>2:30 Art therapy with Phil Hayes</b></p>	<p>12</p> <p>10:30 Soul Care Followed by 1:1 visits with Candice</p> <p><b>2:00 Music with JOY</b></p>	<p>13</p> <p>14</p> <p>10:00 Painting</p> <p>2:00 Sing along with Stevie</p>
<p>15</p>		<p>6</p> <p>2:00 Church</p> <p>6:15 Bingo</p> <p><b>Steve on Holidays</b></p>	<p>17</p> <p>10:00 Mass 10:45 Exercise &amp; 1:1 visits with Candice</p> <p>2:00 Horse Races</p>	<p>18</p> <p>9:00 Physio with Lesia</p> <p>10:00-11:15 Candice off unit</p> <p>1:15 1:1 Visits</p> <p>2:30 Manicures</p>	<p>19</p> <p>20</p> <p>10:30 Soul Care Followed by strolls with Candice</p> <p><b>2:00 Opera</b></p> 	<p>21</p>
<p>22</p> <p>10:00 Discussion Group</p> <p>2:00 Petting Zoo (TSA)</p>	<p>23</p>	<p>24</p> <p>2:00 Church</p> <p>6:15 Church of God</p>	<p>25</p> <p>10:00 Mass 10:45 Exercise</p> <p>Outing to the Olive Garden! YUM YUM (invitation only)</p>	<p>26</p> <p>9:00 Physio with Lesia</p> <p>10:00 Walking Club</p> <p>1:15 1:1 visits</p> <p>2:30 Craft</p>	<p>27</p> <p>10:00 Ashland Daycare Kids! 10:30 Soul Care</p> <p><b>2:00 Halloween Party with Harvey</b></p>	<p>28</p> <p>11:30 <b>Pizza Lunch</b></p>  <p>2:30 Curling Time</p>
<p>29</p>		<p>30</p> <p>31</p> <p>2:00 Church 6:30 OH SO POPULAR (Halloween Celebration)</p>  <p>Halloween</p>	<h1 style="text-align: center;">October 2023</h1> <h2 style="text-align: center;">3 WEST RECREATION CALENDAR</h2>			

Please refer to the white board daily as activities are subject to change 😊