

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2023

3 WEST RECREATION



			<p>10:00 Roman Catholic Mass</p> <p>10:45 Exercise</p>	<p>1 9:00 Physio with Lesia</p> <p>10:30 Timbits, coffee & St. Patrick's Trivia</p> <p>2:30 Walking Group with Candice</p>	<p>2 10:30 Soul Care with Chris</p> <p>11:00 Friendly visits with Candice</p> <p>2:00 BINGO</p>	<p>4 11:00 Friendly Visits with Stephen</p> <p>2:00 Curling</p>
<p>5</p>	<p>6</p> <p>Purim Begins</p>	<p>7 2:00 Interdenominational Service</p> <p>2:00 Invisible Guys Trio</p> <p>Musical Guests</p>	<p>8 10:00 Roman Catholic Mass</p> <p>10:45 Exercise</p> <p>2:00 Board Games</p>	<p>9 9:00 Physio with Lesia</p> <p>11:00 Tover (tabletop game)</p> <p>2:00 Resident Council</p>	<p>10 10:30 Soul Care with Chris</p> <p>11:00 Solarium Visits</p> <p>2:00 Minute to Win it</p>	<p>11</p>
<p>12</p> <p>Daylight Saving Time Begins</p>	<p>13 11:00 Friendly Visits with Stephen</p> <p>2:00 Current Events</p>	<p>14 1:00 Walk Group</p> <p>2:30 All about Ireland Dining Room</p>	<p>15 10:45 Exercise</p> <p>10:00 Roman Catholic Mass</p>	<p>16 9:00 Physio with Lesia</p> <p>11:00 Coffee and Hang Man</p> <p>2:30 Baking Time</p>	<p>17 10:30 Soul Care with Chris</p> <p>2:00 St Patrick's Day Celebration with Jan & Daryl</p> <p><small>St. Patrick's Day</small></p>	<p>18 11:00 Friendly Visits with Stephen</p> <p>2:00 Bowling</p>
	<p>19</p> <p>Spring Begins</p>	<p>20 1:00 Walking Group</p> <p>2:00 Interdenominational Service</p> <p>McDonalds Day (Dinner)</p>	<p>21 10:00 Roman Catholic Mass</p> <p>10:45 Exercise</p> <p>2:00 Sharing Circle</p> <p>Indigenous Health</p> <p><small>Ramadan Begins</small></p>	<p>22 9:00 Physio with Lesia</p> <p>10:00 Baking</p> <p>2:30 Painting with Candice</p>	<p>23 10:30 Soul Care with Chris</p> <p>11:00 Friendly Visits with Candice</p> <p>1:15 Walking</p> <p>2:00 BINGO</p>	<p>24</p> <p>25</p>
<p>26 11:00 Friendly Visits with Stephen</p> <p>2:00 Family Feud</p>	<p>27 1:00 Friendly Visits with Stephen</p> <p>2:00 Sing along with Stephen (Birthday Celebrations for March)</p>	<p>28 10:00 Roman Catholic Mass</p> <p>10:45 Exercise</p>	<p>29 9:00 Physio with Lesia</p> <p>11:00 Craft</p> <p>2:30 Walking Program</p>	<p>30 10:30 Soul Care with Chris</p> <p>11:00 Friendly Visits with Stephen</p> <p>2:00 Crosswords</p>	<p>31</p>	

Calendar Events subject to change without notice.