





# DECEMBER RECREATION GROUP PROGRAMS 2EAST



**Horticulture Club**  
**Monday 10am**  
**Wednesday 11am**

Want to grow something under the lights? Ask Chris on how you can grow your own microgreens in the common area.




**Cribbage Group**  
**Tuesday/Thursday**  
**2:00pm**

We'll put a game from our board game library. Games vary in difficulty, but an expert is always there to assist with learning the rules.

**Board Game**  
**Wednesday**  
**2:00pm**



Test your mighty cribbage skills against the best of the best. Not sure how to play, we'll show you how.



**Thursdays Evenings**  
**6:30pm Resident**  
**Game of Choice**

Pick a game from the shelf. Every second week our new volunteer Simarpaul will join in helping out.

**Bingo Fridays**  
**2:00pm**

Join our weekly bingo for the winter months in the dining room. Family member Ruth will be helping call numbers.



**Jan and Daryl**  
**December 4th**  
**2:00-3:00pm**

Drop by our common room for some holiday music from Jan and Daryl

