



PATIENT, RESIDENT & FAMILY NEWSLETTER

June 2023

A note from Kathleen Klaasen, CEO

The Riverview Health Centre campus really shines at this time of year, as we embrace the warmth of the sunshine and luxury of being able to go outside to enjoy our beautiful grounds. It is truly wonderful to see patients, residents, families and staff enjoying the lush grass, shady trees, and meandering walkways.

It's also a great time for celebrations, like Pride Week, the annual Staff Appreciation BBQ, National Indigenous Peoples Day and more.

We appreciate the opportunity to share Riverview Health Centre updates with you each month. What would you like to learn more about? Please take a minute to let us know!

[Click here to let us know what you would like to read about.](#)



Recreation at Riverview



We've hosted some *wheely* wonderful outdoor activities in the past few weeks, including a bicycle tour fundraising event and a car show! Patients, residents, and families shared fond memories of summer road trips, classic cars, and the joy of the open road. Thank you so much for coming out.

The summer is just getting started. We've got more great activities planned for July and August. Plan to join us!

- **Dog Trick Shows in Celebration of Canada Day** - Friday, June 30; 1:30pm AND 2:30pm; Thomas Sill Auditorium
- **Motorcycle Show** - Thursday, July 15 (rain date July 29); 2pm – 3pm; Main Entrance
- **The Campfire Junkies** - Performing Tuesday, July 25; 6:30pm

[Click here for the latest recreation calendars.](#)

New Cafeteria Hours

Good news! Cafeteria weekday hours have been extended by one hour. We look forward to welcoming you:

Monday to Friday – 8:30am to 6:30pm / Grill open to 6pm
Saturday and Sunday – 9:30am to 5pm / Grill open to 4:30pm

The Grill is closed 30 minutes before closing as it needs time to cool before cleaning. Food items on display are available until closing time.

Safety First

Keeping residents, patients, families, visitors and staff safe at Riverview Health Centre is one of our top priorities.

Did you know that our employees participate in regular safety huddles to identify and address safety concerns? If you see a safety concern at Riverview, please speak to the manager or staff on your unit.

Family Information Council and Resident Council Updates

Thanks to all of you who participated in the recent Family Information and Resident Council meetings. We value your voices! Here are some highlights of our discussions:

Gentle Persuasive Approach - education on caring for those with dementia - is underway, starting with our Special Needs Unit staff. It will expand to include general Personal Care Home staff this fall.

The **Strengthening Palliative Approach in Long Term Care (SPA-LTC) Project** continues in our general Personal Care Home. Eligibility has been determined and Care conferences are ongoing.

Compassion & Dignity in Care Consultations are in progress. In-person and virtual sessions are available, June through September, for you to share about your experience on your healthcare journey or that of your family member. For more information, please look for the poster on the unit and sign up with the QR code or email patientengagement@wrha.mb.ca.

We are seeking two **Co-Chairs for Resident Council** to be supported by the Social Workers for Long Term Care and the Therapeutic Recreation Facilitators. Please talk with your unit manager if you are interested.

This past April, RHC participated in the trial of new **Manitoba Health Standards for Personal Care Homes**. Core standards cover a variety of areas, including Resident Choice, Quality of Life, Plan of Care and Health Records, Health Services, Communication and Shared Decision Making, Infection Prevention and Control, Staffing, Quality Improvement, and Physical Space, Safety and Laundry.

While standards visits are unannounced, we are expecting an additional visit between now and October, 2023 and are ready - as always - to showcase the quality of care at Riverview.

A national research team, consisting of nutrition and aging researchers from across Canada, is preparing a grant application for funds to conduct a national program to support mobilization of the **CHOICE+Program** focusing on mealtime improvement for Long Term Care. Representatives from Riverview Health Centre have been invited to a virtual meeting on June 27th to discuss our possible involvement.



Person Directed Living at RHC - Living Your Best Life

Led by the Board Quality of Life Committee, Riverview Health Centre is embarking on a journey to explore and define the meaning of 'Quality of Life' and 'Person Directed Living' as it relates to those living and working within the Riverview Health Centre community.

In April 2023, RHC began working with two Person Directed Living Co-ordinators, **Deanne O'Rourke**, and **Laurie Romanica**. Deanne and Laurie have begun to reach out and connect with various groups, committees, councils, and staff to introduce Person Directed Living and the next steps. We are excited to be on this journey together!

Riverview Health Centre Foundation

Cycle on Life 2023 - Huge Success!

The 25th anniversary of Cycle on Life brought together **247 cyclists who raised over \$193,000** for Riverview. Congratulations to all of the riders for completing their rides on event day! The funds raised through this event help improve the everyday lives of patients and residents at Riverview Health Centre, some of whom were out cheering the riders on at the start line, and even holding the start line ribbon.

There's still time make a gift - just click the button below. Once again, thank you to the riders, donors, sponsors, supporters, and volunteers. You are all incredible and appreciated!

Donate to Cycle on
Life 2023.



You can see photos of this event and stay up to date with all our activities on FaceBook at [RHCFoundation1](#).

Check out the
event photos!

A Cut for Cash

Rob, Manager, Clinical Support & Relief Team at RHC, let his hair grow A LOT over the past few years. "When COVID started, and things were beginning to shut down I wasn't able to go get my hair cut," says Rob. "As the months turned into a year, then 2 years, I continued to let my hair grow. It reminded me of when I was young and had long hair."

When he started to think about cutting it, Rob decided to raise a bit of money for the Riverview Health Centre Foundation at the same time. The date for the big chop: June 16th, the Friday before Father's Day. "Just so I can give my daughters back the Dad they knew growing up," he says. "It will also make my wife happy!"

The haircut was a success, as was the fundraising. Thanks to generous friends and family, Rob raised \$3,350 for RHC Foundation and got a great haircut! Thank you Rob!

What a fun way to raise money for the benefit of patients and residents at Riverview!

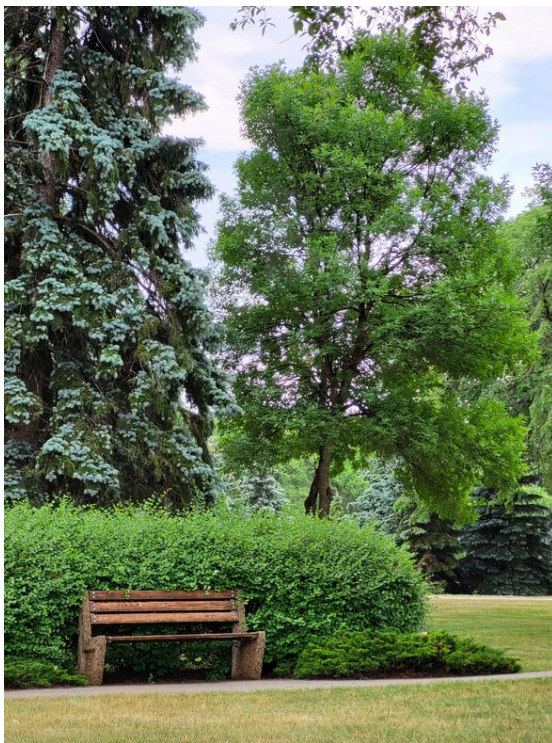
Do you have an idea to hold a fundraising event for Riverview? Please get in touch - you can reach our team at 204-478-6271. We'd love to hear from you and help you set it up!



Park Benches: More than a place to sit

One of the features that makes Riverview Health Centre so special is the park-like grounds that surround our spaces, providing a calm and peaceful environment for care.

While these natural areas are enjoyed all year round, it is the warmer seasons that entice more of our patients, families, staff and community members to enjoy this gift of nature and nurture. You will often find people enjoying the many pathways or sitting on a park bench - cooling off in the shade, or basking in the sun.



You can help enhance this very special part of our campus by **adopting a park bench in honour of a loved one**, to celebrate a special occasion, or to show support and appreciation.

Your generous gift of \$7,500 will ensure the personalized dedication of a bench for 10 years, while providing meaningful support for RHC. For more information, please call the Riverview Health Centre Foundation at 204-478-6271, or click the link below.

Learn more about our Adopt-a-Bench program.

Art Exhibit A Bruce Bauernhuber Retrospective

The Riverview Health Centre Foundation is pleased to partner with **Bruce Bauernhuber**, a resident of Riverview Health Centre, and his family to present a retrospective of his work, spanning 50 years.

July 14, 2023
2:00 - 7:00 pm

July 15-17, 2023
10:00 am - 7:00 pm

In the Solarium at
Riverview Health Centre

Bruce has experimented with many different art forms including pencil and charcoal drawing, clay modelling, leather work, pastel and oil pastel drawing, coloured pencil, watercolour, oil and acrylic painting. He currently concentrates on acrylic painting and pen and ink drawings.

Learn more about the art exhibit.

RHC Foundation Bocce Ball Tournament

August 23, 2023
Riverview Health Centre Lawn

Bocce Ball is back by popular demand! Gather your friends and family to create a team, then register and join us for some fantastic summertime fun on the front lawn of Riverview Health Centre. It will be a great day of friendly competition and delicious food and beverages. No experience needed!

With prizes for best dressed team, the bocce champions, and raffle prizes, chances are good that you'll spend the day with a smile!



Register today!

Invite a Friend

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