July | August 2025

A Note from Kathleen Klaasen, CEO

It is - **literally** - groundbreaking!!

On Monday, July 7, 2025, we began site preparation for the construction of the **Riverview Health Centre Child Care Centre.** A ground-breaking ceremony is being planned; details will follow the coming weeks. We anticipate being able to open our doors in Fall 2026.

We are pleased to advise that **Park West Projects Ltd.** is the general contractor for this project. Their commitment to teamwork, trustworthiness, craftsmanship, strong work ethic, and respect echoes Riverview's own priorities.

As you may know, we are working with **Inspired by Wonder**, an innovative and experienced child care provider, to bring this project to life.

To give you a sense of the impact we are working toward with this partnership, please take a moment to watch a short video of an **incredibly successful inter-generational project** - proof that the lives of our older generation can be improved by spending time with younger children. **Click** HERE **to view the video.** It's remarkable!!

By the way, you may have noticed that several mature trees had to be removed to allow for this construction. All in all, 17 trees were removed. The good news: **66 new trees will be planted on our grounds** as part of the landscaping plan for the RHC Child Care Centre. Over time, they will add significantly to our beautiful campus tree canopy. Wood and logs from some of the trees we removed will be repurposed for the outdoor play space at the Child Care Centre.

We will continue to keep you informed of progress on this exciting project, including the status of the construction and the impact on our campus. If you'd like to learn more, **please join us for our Community Town Hall** on Thursday, August 7, 2025 at 3pm in the Thomas Sill Auditorium.

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Please join us at our **Summer Carnival** on August 5. It's a great chance for some outdoor fun with your loved one!

Many of us will be taking advantage of our wonderful Manitoba summer by enjoying some vacation days, recreation in our parks, lakes, and backyards, and time with friends and family.

Consider adding Riverview Health Centre to your staycation or event plans!

Our beautiful grounds, Courtyard (including a koi pond and a play structure for littler ones), and BBQ

area make a great place for a family event or casual afternoon - a wonderful way to help your loved one enjoy the outdoors.

Talk with your community manager about how you and your loved one can take advantage of these family-friendly areas on campus.

CAMPUS CALENDAR

July 25 - Tupperware Vendor On Site | 9am - 5pm | Thomas Sill Auditorium
July 31 - DEADLINE for Applications for Resident Advisor Positions
August 1 - Ice Cream Treat Day | Times vary; see details below | Courtyard
August 5 - Summer Carnival | 1:30pm - 3pm | Courtyard and Thomas Sill Auditorium
August 7 - Community Town Hall | 3pm | Thomas Sill Auditorium
August 21 - RHC Foundation Bocce Ball Tournament
September 12 - Resident Council Meeting
September 17 - Care Partner Support Network

Campus News

QUALITY & SAFETY COUNCIL: Resident Advisor Positions Open

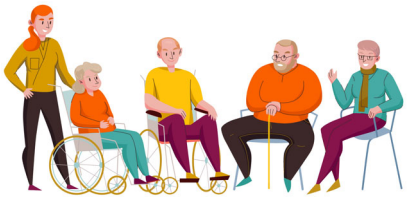
We invite our Residents to apply for a **Resident Advisor position** on Quality & Safety Council. Two positions are available.

What does a Resident Advisor do?

- Share what residents enjoy and want more of
- Speak up about concerns and suggest improvements
- Provide feedback to shape our quality and safety work

Interested? Please contact Olivia Essex at 204-478-6164 or oessex@wrha.mb.ca by **July 31, 2025** with:

- Your name
- Which Riverview community you live in
- A short note on why you'd like to join Quality & Safety Council



Standing Up Against Racism and Oppression at Riverview: Part 2

At Riverview Health Centre, we're committed to fostering a community where everyone - residents, patients, families, staff, and visitors - feels respected, valued, and safe. We recently introduced a directive focused on disrupting racism and oppression. This isn't just about policy; it's about people, and making sure Riverview is a place where compassion and dignity are at the core of everything we do.

What Discrimination Can Look Like
Discrimination isn't always loud or obvious. It might show up as harmful jokes, name-calling, or assumptions made about someone's honesty or ability based on who they are. It could be suspicious glances, exclusion, or even acts of aggression. These kinds of interactions have no place in our home, and it's important to recognize them when they happen, especially because they may feel subtle or disguised.

Understanding Impact Matters Most
Sometimes, individuals don't realize that what they're saying or doing is harmful. Maybe someone is living with dementia and makes an inappropriate comment, or a visitor believes they're just being funny or giving a compliment. It's possible the person grew up in an environment where such language was normalized. Even if there's no harmful intent, the impact still matters. Words can leave lasting impressions, and actions can deeply affect others. That's why we focus on how behavior makes people feel, not just why it happened.

What You Can Do
If you experience or witness racism or oppression, you're encouraged to speak up. Your safety comes first, so if you need to leave the situation, do so. Please report the incident to a staff member, supervisor, or manager, who will ensure it's documented appropriately. You can also submit concerns anonymously if you prefer—that way, action can be taken while protecting your privacy and comfort.

Our Commitment To You
At Riverview, standing against discrimination isn't just about addressing problems; it's about building a culture where people feel they belong. Every person here deserves kindness, understanding, and a space free from fear or exclusion. We're all part of this effort, and together, we can make Riverview a place that celebrates diversity and upholds respect for every individual.

RIVERVIEW CRIBBAGE TOURNAMENT: WINNERS

(left to right) Allan Wark, 2West - 2nd Place; Ricki Bains, 2East - 1st Place; Laurie Cyr, 2West - 3rd Place. Not shown: Suzanne Billington, Honourable Mention - 4th Place.

CONGRATULATIONS to the Winners of the **Riverview Cribbage Tournament**, held on Wednesday, July 23. The event, hosted by the 2West community, welcomed 25 participants from communities throughout Riverview. It was an exciting afternoon of friendly competition, community connection, and classic card play. While all the players had a great time, **Ricki Bains**, **Allan Wark**, and **Laurie Cyr** were best at the board. Well done!

Upcoming Events

Yes, this is Tupperware!

Our neighbourhood Tupperware vendor is back at RHC.

Friday, July 25, 2025 | 9am - 5pm | Thomas Sill Auditorium

Mark your calendar for not-to-be-missed August events!

ICE CREAM TREAT DAY

Generously funded by

Riverview Health Centre Foundation

Friday, August 1, 2025 | Courtyard

1pm - 2pm: E/W Communities, Rendezvous Club, Day Hospital

2pm - 4pm: AB and CD Communities

One treat per ticket

Please see your community desk or recreation staff to receive your ticket.

Featuring ice cream from

Sargent Sundae

Psst! Carnival Fun looks abit like this...

YOU ARE INVITED

Community Town Hall

Thursday, August 7, 2025

3pm | Thomas Sill Auditorium

Anyone living in the community surrounding the Riverview Health Centre campus is welcome to attend. We will be talking about the Riverview Health Centre Child Care Centre, now under construction at RHC.

Community Connection

MEETING NOTES - RESIDENT COUNCIL: June 13, 2025

Patient's Bill of Rights Review
The Right to Information and Freedom of Expression from the Patient's Bill of Rights was read aloud, and the Resident Advisory Council voiced unanimous agreement with the principle.

Co-Chair Update
Co-Chair Andre Hall-Grusska introduced an upcoming mini library, donated by a former Riverview resident, designed to be accessible at wheelchair height. Residents are invited to suggest a location. Look for posters in communities and common areas.
Concerns were raised about loose or missing railings throughout the building. The Council was encouraged to report issues to staff for prompt repairs. These immediate concerns will be communicated to Facility Services.

Quality & Safety Council Invitation
Olivia Essex outlined the Council's role and noted that members Jack Sangsterand Michael Cooke will complete their terms soon. Residents interested in joining are encouraged to apply by the end of July 2025. Olivia will include contact details in the upcoming newsletter (click HERE for information) and welcomes feedback on strengths and areas for improvement related to safety at Riverview.

Courtyard Clock Suggestion
Following resident interest, the Council supported placing an analog clock and thermometer in the courtyard. This proposal will be taken to Facility Services.

Round Table Highlights
- A resident suggested adding a water fountain in the courtyard for summer hydration. Staff will look into infection-control-safe options.
- A family member proposed placing resident photos alongside room nameplates.
- Concerns were raised about the automatic doors in first-floor public washrooms closing too quickly. This issue will be added to the action log.
- A sign at the koi pond asking visitors not to feed the fish was requested, as a result of bread crumbs being found in the water.

Next Meeting
Friday, September 12, 2025; 2pm - 3pm; Thomas Sill Auditorium

Resident Council	Care Partner Support Network
NEXT MEETING	**NEXT MEETING**
Friday, September 12, 2025	Wednesday, September 17, 2025 3pm - 4pm | Thomas Sill Auditorium

2pm - 3pm | Thomas Sill Auditorium	Families and other Care Partners of all Riverview Residents are welcome! **LAST MEETING** was Wednesday, June 25. The notes from that meeting will be shared in the September issue of this newsletter.

DID YOU KNOW? The Riverview Community Centre hosts a **summer market** every Monday. Each week features a rotating lineup of local vendors offering fresh produce, handmade goods, unique crafts, and more.

The Riverview Community Centre is located at 90 Ashland Avenue, an easy and pleasant 8 minute walk/wheel along tree-lined streets, from our door to theirs. (Click HERE for directions.)

Consider a local outing to a friendly community market for your next visit with your loved one at Riverview!

RIVERVIEW COMMUNITY CENTRE Monday Market
July 7 - August 25
4pm - 8pm

Weekly vendor updates: @riverview.markets on Instagram.

Health and Wellness

Let's Talk About *C. difficile*

Clostridium difficile (C. difficile) is a germ that causes significant diarrhea. People who are elderly and/or are being treated with antibiotics or cancer drugs are particularly at risk.

People can get infected when they swallow the germ, which can be found on unwashed hands and unclean equipment.

People receiving care at Riverview who have C. difficile will be placed on isolation precautions to stop spread of the germ.

Cleaning hands is the best way to prevent the spread of C. difficile.

People and Places

Riverview's park-like grounds and proximity to the river attract a lot of local wildlife. In fact, sometimes nature comes calling!
Here is a lovely photo of a doe and her young one, captured by resident **Tena Vanslyck** from the window of her suite on 1C.
Thank you for sharing your beautiful view, Tena!

VOLUNTEER VOICES: JOYCE ALLEN

With 27 years of volunteer service at Riverview Health Centre, **Joyce Allen** exemplifies dedication and compassion.

Originally from England, Joyce moved to Winnipeg in 1967 and built a successful career before retiring six years ago. Her faith and love for connecting with others have been the foundation of her life and her volunteer work.

Joyce's journey at Riverview began with over two decades of leading Sunday worship services, providing comfort and community to residents unable to attend their home churches.

In recent years, she transitioned to volunteering in the Gift Shop, where she interacts with residents, staff, and visitors in meaningful ways. Whether helping someone find a treat, a gift, or simply sharing a warm conversation, Joyce's presence adds a personal touch to Riverview's vibrant community.

For Joyce, volunteering is about "sharing time with people in an atmosphere of love and caring." She cherishes countless memorable moments, including joyful conversations and connections with individuals from all walks of life.

Through her unwavering commitment, Joyce supports Riverview's culture of Person Directed Living while finding personal growth and fulfillment. She believes that even one hour of volunteering can make a meaningful difference and hopes her efforts inspire others to discover the rewards of giving back.

Click HERE if you'd like to learn more about volunteering at Riverview Health Centre.

RHC Volunteer Services was pleased to welcome some **students from St. Mary's Academy** to the Centre in June, as part of their Junior Extended Service Experience.

Alongside their teacher, the students spent 3 days learning about Riverview, taking residents outside for visits and to special events, and cleaning up the 4W clothing depot.

We love building relationships like this that help us stay connected with our wider community. Thank you St. Mary's Academy students for choosing to serve at RHC.

Welcome Back, Patrick!

Patrick Coyston is back at Riverview Health Centre this summer as part of the Artists in Health Care program, playing the piano and sharing music with our communities.

Looking forward to summer tunes and musical memories!

Person Directed Living - Commitments Up Close: RESPECT

For questions and comments about Person Directed Living, please contact Deanne O'Rourke, Person Directed Living Coordinator at dorourke@rhc.mb.ca or or Kelly Dutiaume, Clinical Educator at kdutiaume@rhc.mb.ca.

Over the last couple of months, our **Commitments Up Close** feature has been focused on **Respect:** We are respectful, compassionate, and caring towards each other, and ensure dignity of each person inclusive of all.

As part of this focus, staff were asked to provide examples of when showing respect helped make Person Directed Living real at Riverview. Here are some the experiences they shared:

- "By involving them (Residents/People we Serve) in any decisions."
- "By listening to the patients (the People we Serve)."
- "Ensuring the patient (Person) receivesexplanation of care even when language is a barrier by using Google Translate."
- "In an effort to be moreinclusive with our Appropriate Usage of Antipsychotics (AUA) project (on CD3), we scheduled an in-person and virtual information session for families/care partners on the topic: appropriate use of antipsychotics."
- "I've noticed that staff have stopped [using endearments] and are addressing residents by their name… It's important to treat persons with dignity and that includes use of their name. People aren't a condition or a room number and we become part of a living community when we treat each other as friends and neighbors."

In September, watch for information in the Community Current newsletter and around Riverview for the next Commitment Up Close feature – **Relationships**. Happy summer everyone! ~ *With thanks, Deanne & Kelly*

Recreation at Riverview and Beyond

Therapeutic Recreation is a health care profession that utilizes leisure, recreation, and play as primary tools to support each person in achieving their highest level of independence and quality of life.

These activities are made possible at RHC through the generous support of donors to the Riverview Health Centre Foundation.

Click here for the latest recreation calendars.

Summer time means lots of outings and outdoor time for RHC residents! Frosty beverages in our sunny Courtyard, a trip to the Leo Mol Sculpture Gardens at Assiniboine Park, and Outdoor Trivia are just a few of their recent adventures.

McCafé

Quality Initiative Showcase

MEDICATION RECONCILIATION APP

When a resident moves into Riverview from home or another personal care home, Health Care Providers complete a process called medication reconciliation.

This involves Health Care Providers working in partnership with the resident and family/care partner in identifying the most accurate list of medications the resident is taking and using this list to include reconciliation details regarding their disposition upon moving in.

Previously, this process was completed by filling out a blank medication reconciliation form by hand. Satisfaction with this process was poor due to the time required and risk of transcription error. To help address these issues, Stacey (Manager of the CD1 Community) set a goal to rollout pre-populated medication reconciliation by the end of June 2025.

To achieve their goal, the"MedRec" App was selected, which is currently in use within Riverview's care areas. Using this app has led to high satisfaction amongst Health Care Providers due to eliminating transcribing – now it only takes seconds, rather than minutes to complete medication reconciliation!

Key driver for success: Leveraging existing technology

Research

MORE RESEARCH STUDY PARTICIPANTS NEEDED

Exploring therapeutic recreation assessment for Manitoba personal care home residents

Do you have a perspective to share about how resident recreation interests and needs are assessed in Manitoba personal care homes?

A research study is seeking personal care home residents and/or their care partners/loved ones to participate in a 30-minute interview to share their thoughts. These interviews are part of a larger study that seeks to co-design a standardized therapeutic recreation assessment process for Manitoba personal care homes.

To be eligible to participate, you must;

- be 18 years of age or older
- have resided in a Manitoba personal care home for at least six weeks
- have completed the care conference with personal care home staff
- be able to provide informed consent
- AND/OR be a family member/friend/care partner of a Manitoba personal care home resident of at least six weeks who has completed their care conference

For more information about this research study, please contact Assistant Professor, Dr. Stephanie Chesser, Principal Investigator, Faculty of Kinesiology and Recreation Management, University of Manitoba, at TR-Assessment@umanitoba.ca or 204-474-6296.

Riverview Health Centre Foundation

Follow us on Facebook to stay up-to-date on events and see how donors impact RHC! @RHCFoundation1

Riverview Health Centre Foundation

Bocce Ball Tournament

Presented by Birchwood Automotive

Thursday, August 21, 2025
12pm - 5pm
Riverview Health Centre Grounds

Did you know that Bocce is the world's third most popular sport, after soccer and golf? Bocce ball is a classic backyard game with a great history spanning thousands of years. People of all nationalities and nobility have played the game for millennia.

The objective of the game is simple: each team attempts to roll their bocce ball closer to the pallino (the small white ball) than the other team. **Yup, that's it.** This simplicity is why bocce ball is a great game for people of all ages and all skill levels.

Add in a lovely locale, a fantastic lunch, and time with friends new and old(er), and you've just described the **RHC Foundation Bocce Ball Tournament**! BONUS: you'll help to raise money in support of the incredible work that happens at Riverview Health Centre each and every day.

So gather your family and friends and plan to join the fun. Click HERE to register.

Editor's Note

Watch for the next issue of *The Community Current* during the second week of September. Have a wonderful summer!

As always, please email me at cdynkavitch@rhc.mb.ca if you have any questions or comments about this newsletter. Thank you for reading.

~ Carol Dynkavitch, Communications Specialist and Editor

PURPOSE: Creating a vibrant, innovative, and inclusive community that enables each person to live a purposeful and

RIVERVIEW HEALTH CENTRE

Honouring Voice
Respecting Choice

meaningful life.

PRIORITIES: Each Person We Serve | Our Team | Excellence and Innovation | Growth and Sustainability

PERSON DIRECTED LIVING COMMITMENTS: Respect | Relationships | Knowing Each Person | Individualized Living and Care | Autonomy | Dignity of Risk

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